

# Heat Transfer Application Instructions

Transfer Type

**INK JET OPAQUE**

Blue Grid

## Print & Transfer Instructions Using A Heat Press

### #1: Printing and Preparing Image:

- The whiter/smooth surface (without back print) is the imaging side of the paper.
- **Print design on the paper as a normal image viewing (not as a mirror image).**
- Refer to Recommended Printer Settings (see below); single-sheet feeding is recommended.
- Before printing final image, print on a regular sheet of paper to test for layout/design.

### #2: Cut Out Design:

- Do not leave a margin around edge of the image.
- Round off edges to avoid corner liftoff after washing.

### #3: Peel Off Grid Backing Paper:

- Remove backing paper by carefully tearing a corner and peeling away from the face/image. or if scored, by peeling away at score line on backside.

### #4: Preparing for Transfer:

- Prepare heat press at 345°F or refer to your manufacturer's specifications.
- Fabric should be 100% cotton; press first if necessary to ensure flatness, then let cool
- Place transfer paper with design facing upwards in desired position on fabric.
- Cover image with silicon sheet (sold separately). Can use one side of the silicon sheet per image then flip over to use the other side for next image.

Heat Press Transfer

Fabric Color	Print Side	Printing	Silicon Sheet	Temp. (o C)	Temp. (o F)	Pressure	Time (sec.)
Black/Dark	Up	Normal	Yes	174	345	Medium	20

\*These are recommended guidelines only. Please refer to your manufacturer's conditions since all Heat Presses function differently.

### #5: Peel & Wear:

- Allow fabric to cool completely, then smoothly and evenly peel away overlay paper.

### Other Information:

- Use in a well-ventilated area.
- Not recommended for HP DeskJet 1200C or 1600C models because they apply heat.
- Keep product in closed package between uses; store in cool, dry place.

### Recommended Printer Settings:

Printers	Print Mode Settings	Print Quality
<b>HP</b>	Hp Iron-on Transfer Plain Paper	Default Settings Normal
<b>EPSON</b>	360 dpi ink Jet Paper Plain Paper/Matte Heavy Weight Paper	360 or 720 dpi Text & Image
<b>CANON/ LEXMARK</b>	T-Shirt Transfer/Iron-on	Default Settings

Washing  
Instructions on back

Transfer Type

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Blue Grid

## Print & Transfer Instructions Using An Iron

### #1: Printing and Preparing Image:

- The whiter/smooth surface (without back print) is the imaging side of the paper.
- **Print design on the paper as a normal image viewing (not as a mirror image).**
- Refer to Recommended Printer Settings (see reverse side); single-sheet feeding is recommended.
- Before printing final image, print on a regular sheet of paper to test for layout/design.

### #2: Cut Out Design:

- Do not leave a margin around edge of the image.
- Round off edges to avoid corner liftoff after washing.

### #3: Peel Off Grid Backing Paper:

- Remove backing paper by carefully tearing a corner and peeling away from the face/image or if scored, by peeling away at score line on backside.

### #4: Preparing for Transfer:

- Heat Iron (without steam) to maximum cotton setting.
- Fabric should be 100% cotton; iron first if necessary to ensure flatness
- Let fabric cool before ironing transfer image; lay fabric on hard, smooth surface.
- Place transfer paper with design facing upwards in desired position on fabric.
- Cover image with silicon sheet (sold separately). Can use one side of the silicon sheet per image then flip over to use the other side for next image.

### #5: Ironing/Transferring Image:

- Apply hot, dry iron and follow guidelines below for pressure and ironing time.
- Iron with non-stop motions from top to bottom and side to side.

Hand Iron Transfer						
Fabric Color	Print Side	Printing	Silicon Sheet	Temp. (o C)	Ironing Process	
Black/Dark	Up	Normal	Yes	Maximum Cotton	Step 1	Step 2
				Image Size	Lt. Pressure	Firm Pressure
				1/4 Page	30 sec	30 sec
				1/2 Page	60 sec	60 sec
				Full Page	90 sec	90 sec





### #6: Peel & Wear:

- Allow fabric to cool completely, then smoothly and evenly peel away overlay paper.
- Touch up portions of image by covering with overlay paper again and ironing over areas.

### Other Information:

- Use in a well-ventilated area.
- Not recommended for HP DeskJet 1200C or 1600C models because they apply heat.
- Keep product in closed package between uses; store in cool, dry place.

### ☆ WASHING INSTRUCTIONS ☆

-  Wait 24 hours before washing (Heat Press Only), Machine Wash, Separately, Cold and turn garment inside out.
-  Do NOT bleach, Immediately remove garments after wash. Colors may bleed if left wet too long.
-  Tumble Dry, At Warm Setting.
-  To re-iron fabric after washing, do NOT iron directly on transferred image.

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