

# Heat Transfer Application Instructions

Transfer Type

**FOIL**

**Heat Press Settings:**  
Temperature 375° - 380°

Pressure 70 lbs • Firm Pressure • 7 - 9 on Auto Clam Hotronix

**PREHEAT PLATEN:** Prior to beginning, press empty pad for 3 cycles of 15 seconds.  
*Failure to preheat pad will cause insufficient heat and will damage first 3 transfers.*

**STEP #1: LOAD GARMENT:**

Prior to pressing, open the bottom of the garment and slide it over the platen. Pressing one side of the item at a time will eliminate ghost images/bleed through. **WARNING!** If garment is laid on top of platen be sure to check for bleed through after pressing first garment.

**STEP #2: PRE-PRESS GARMENT:**

Press garment (with no transfer) for 3-5 seconds to remove moisture and wrinkles.

**STEP #3: POSITION TRANSFER:**

Place transfer in desired location, ink side down.  
**Cover transfer with Teflon sheet.**  
Do not place transfer on wrinkles, seams or creases in garment.

**STEP #4: PRESS TRANSFER:**

Close heat press and press for 10 seconds at 375°

**STEP #5: COOL AND PEEL TRANSFER:**

Open heat press, wipe transfer and Teflon sheet with dry rag/heat eraser for 20-30 seconds. Remove Teflon sheet and peel with smooth steady motion.

**STEP #6: CUT FOIL:**

Cut the foil a quarter inch bigger than the image.

**STEP #7: POSITION FOIL:**

Place foil over top of the image with the foil color up.  
**Cover foil with teflon sheet.**

**STEP #8: PRESS FOIL:**

Close heat press and press for 10 seconds at 375°

**STEPS CONTINUED ON BACK**

Washing  
Instructions on back

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**STEPS CONTINUED...**

**STEP #9: COOL AND PEEL FOIL:**

Open heat press, wipe Foil and Teflon sheet with a dry rag/heat eraser for 30-40 seconds. Remove Teflon sheet and peel with smooth steady motion.

**Note:** Do NOT remove garment from heat press and do NOT peel foil until the image area is completely cool.

☆ **TROUBLE SHOOTING TIPS** ☆

**PROBLEM:**

- 1) Transfer NOT peeling evenly/completely
- 2) Foil NOT peeling completely

**SOLUTION:**

- 1a) Reduce Pressure Slightly
- 1b) Cool for longer time prior to peeling Transfer and removing Garment from Platen
- 1c) Cover printed imprint with teflon sheet and press for 5 sec., cool and remove teflon sheet
- 2) Let Foil cool completely on Platen

☆ **WASHING INSTRUCTIONS** ☆



Machine Wash, Cold  
Turn garment inside out



Do NOT bleach



Tumble Dry, Low Heat



Do NOT iron

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