

# Heat Transfer Application Instructions

Transfer Type *ThermoFlex XTRA*

**Heat Press Settings:**  
Temperature 300° - 315°

Pressure 60 lbs • Firm Pressure • 7 - 9 on Auto Clam Hotronix

**PREHEAT PLATEN:** Prior to beginning, press empty pad for 3 cycles of 15 seconds.  
*Failure to preheat pad will cause insufficient heat and will damage first 3 transfers.*

**STEP #1: CUT AND WEED:**

All Designs must be cut in reverse. Weed away excess material.

**STEP #2: LOAD & PRE-PRESS GARMENT:**

Prior to pressing, open the bottom of the garment and slide it over the platen. Pressing each side of the item at a time for 4 seconds will eliminate ghost images/bleed through and will remove moisture and wrinkles. **WARNING!** If garment is laid on top of platen be sure to check for bleed through after pressing first garment.

**STEP #3: POSITION TRANSFER:**

Position transfer on garment in desired location with the carrying sheet side up and the design facing down.

**Place Teflon sheet or silicone release sheet over design.**  
Do not place transfer on wrinkles, seams or creases in garment.

**STEP #4: PRESS TRANSFER:**

Close heat press and press for 3-5 seconds at 310° - 315° with firm pressure.

**STEP #5: COOL TRANSFER:**

Open heat press, Let cool before removing the carrier sheet.

**STEP #6: PRESS AGAIN:**

Cover With Teflon release sheet and **reheat** for 10 seconds.  
Open heat press and remove Teflon release sheet.  
Transfer **CAN NOT** be reused.

Washing  
Instructions on back

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☆ **TROUBLE SHOOTING TIPS** ☆

**PROBLEM:**

o Transfer NOT splitting evenly onto garment

**SOLUTION:**

- o Increase Pressure
- o Increase Temperature
- o Let transfer cool *completely* before peeling
- o Verify Platen has been pre-heated

☆ **WASHING INSTRUCTIONS** ☆



Machine Wash, Warm  
Turn garment inside out



Do NOT bleach



Tumble Dry, Medium Heat



Do NOT iron

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